

Head Coach Jack Cosgrove is proud to invite you to join Maine Black Bear Football for their 2010 Summer Camps! Campers in the College Division (youth group) will be coached by the Maine staff and current Black Bear players! Campers in the N.F.L. Division (high school students) will be coached by the Maine staff, as well as top high school and college coaches from Maine and New England. Players in both divisions will have access to the only Division I facilities in the State of Maine! With a combined 30 years of high school and college coaching experience, Coach Cosgrove expects all campers to improve their individual skill level during camp and practice the fundamentals and techniques of their chosen position. Campers will be placed into small age appropriate groups and coaches will utilize station work to achieve this goal.

WHAT TO BRING/PREPARE FOR IN ADVANCE

- Contact your local youth/high school coaches for equipment
- Helmet, shoulder pads, practice jersey, mouthpiece, football shoes, swim trunks, towel, shorts, t-shirts, water bottle, sunscreen
- Overnight Campers: linens/sleeping bags, pillow, toiletries, fan
- Spending Money: \$15-50 suggested.
- Cell Phone/Calling Card

For registration and payment information,

Summer Camp Administrator
(207) 581-2267 or
sport.camps@umit.maine.edu

For football inquiries, please contact
Caren Haskell Ford at (207) 581-1062
or caren.ford@umit.maine.edu

Visit us online at www.goblackbears.com!!!

ARRIVAL/DEPARTURE CAMP TIMES

REGISTRATION INFORMATION

Both overnight and commuter campers should report at registration time.

College Division Camp

Arrival Time-June 20th-2:00 p.m. Registration
Departure Time-June 23rd -12:00 p.m. Pickup

NFL Division Camp

Arrival Time-June 24th-2:00 p.m. Registration
Departure Time-June 27th-12:00 p.m. Pickup

OVERNIGHT CAMP SCHEDULE

- 7:00 a.m.Wake-Up
- 7:30 - 8:30 a.m.Breakfast
- 8:30 - 11:00 a.m.Morning Practice Session
- 11:00 - 11:30 a.m. ..Strength & Conditioning
- 12:00 - 2:00 p.m.Lunch/Rest Period
- 2:30 - 5:00 p.m.Afternoon Practice Session
- 5:30 - 6:30 p.m.Dinner Hour
- 7:00 - 8:30 p.m.Evening Practice Session
- 8:30 - 9:00 p.m.Swimming Pool (Campus Rec)
- 9:00 - 10:00 p.m.In Dormitory
- 10:00 p.m.In Rooms/Lights Out

COMMUTER SCHEDULE

- 8:00 - 8:30 a.m. – Drop off at Football Offices
- Follow regular daily schedule beginning at 8:30 a.m. Lunch and Dinner Included
- 8:30 - 9:00 p.m. – Pick Up at Football Stadium

Visit us online at www.goblackbears.com!!!

**FOOTBALL
REGISTRATION FORM**

Please complete and return to address below

Player: _____
 Grade in Fall: _____
 DOB: _____
 Address: _____

 Phone: _____
 Email: _____
 Emergency Contact: _____
 T-Shirt Size: _____

I would like to attend:

College June 20-23

Overnight \$375 Commuter \$275

N.F.L. June 24-27

Overnight \$375 Commuter \$275

Payment Information-3 Options

- Amount: \$ _____
1. Check payable to UMaine Summer Camps, OR
 2. Register ONLINE at www.GoBlackBears.com
 3. Camp Bangor or Summer Champs programs

Please return payment to: UMaine Summer Sports Camps
5747 Memorial Gym
Orono, ME 04469

Payments: Full payment is required for online registrations. Online payments can be made by credit card or e-check. Payment in full or a non-refundable deposit (\$50, except Boy's Ice Hockey \$200) is required for mail in registrations. Checks should be made payable to UMaine Summer Camps. Balance is due no later than two weeks prior to camp. A \$20 fee will be charged if registering on the first day of camp. Only cash or checks will be accepted on registration day.

Signature _____ Date _____

Visit us online at www.goblackbears.com!!!



UMaine Football Summer Camps

Dates:

College Division Camp

Entering 4th Grade to Entering 8th Grade
June 20 – 23, 2010

N.F.L. Division Camp

Entering 9th Grade to Entering 12th Grade
June 24 – 27, 2010

Location:

Morse Field in Alford Stadium and the
Mahaney Dome
University of Maine Campus
Orono, ME

Cost:

Overnight Camper: \$375
Commuter Camper: \$275

Refunds: Refunds will be honored, minus deposit (\$50, except Boy's Ice Hockey \$200), only by a medical reason and accompanied by a physician's note prior to the start of camp. **No refunds will be issued once camp starts.**

Roommates: (for overnight camp) Roommate requests must be made no later than three weeks prior to the start of camp. Roommate request forms can be printed off our website.

Meals: Overnight campers will receive three meals per day and commuters will receive lunch and dinner, excluding arrival and departure days.

Confirmation: A confirmation email will be sent upon receipt of application/deposit. If you do not receive a confirmation email, contact us at (207) 581-2267 or email at sport.camps@umit.maine.edu.

Medical Forms: Log on to www.GoBlackBears.com to download the Health Interview/Permission for Medical Treatment and the Release and Assumption of Risk Forms. Return completed forms to: UMaine Summer Sports Camps, 5747 Memorial Gym, Orono, ME 04469. You can also fax your completed forms to (207) 581-3070 (do not email).

Transportation: Any camper requesting local transportation to and from the bus station or airport should contact the camp director no later than 30 days prior to the start of camp. A \$40.00 round trip transportation fee is required.

Payments: Full payment is required for online registrations. Online payments can be made by credit card or e-check. Payment in full or a non-refundable deposit (\$50, except Boy's Ice Hockey \$200) is required for mail in registrations. Checks should be made payable to UMaine Summer Camps. Balance is due no later than two weeks prior to camp. A \$20.00 fee will be charged if registering on the first day of camp. Only cash or checks will be accepted on registration day.

Parking: Campers who have a valid driver's license and will be transporting themselves to and from camp are required to complete and returned a Motor Vehicle Parking form.

Dorm Keys: A \$20 fee will be charged for lost dorm keys/cards.

Federal Tax ID: 01-6000769

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Orono, ME 04469

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